

Synopsis

Both a valuable guide to the heavenly world of scent, & a highly inspirational craft book complete with detailed, step-by-step instructions for creating a variety of beautiful projects, such as scented gifts, fragrant creams & aromatic objects for use around the home, all using flowers, spices, essences & essential oils, & other natural ingredients. Covers the fascinating history of scent & reveals how some of the world's most famous perfumes are made. Provides an introduction to aromatherapy & shows just how beneficial essential oils can be. All the projects are accompanied by clear instructions & lush full-color illustrations. Directory of perfumes. --This text refers to an alternate Hardcover edition.

Book Information

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Average Customer Review: 4.0 out of 5 stars [See all reviews](#) (1 customer review)

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Customer Reviews

This book is a real gem! Split into three parts which could each stand alone, its part history, part aromatherapy journal and part craft. It begins with a whimsical and eloquent journey through the history of perfume, from the sages of Egypt and orgies of Ancient Rome through to Marilyn and her penchant for only Chanel No.5 between her skin and her sheets. From here begins a layman's introduction to the practice of aromatherapy, with a basic synopsis on many essential oils, their properties and benefits- most interesting and enlightening. The final part of the book is very much a craft book, with numerous projects on making bath oils and creams, scented paper and gifts, from the quirky- like the mandarin scented twigs to the basic like the lemon scented soap balls. Its all very luscious and delicious, with sleek beautiful photography- a must for anyone who is interested in

perfumes, aromatherapy and gorgeous things for the homw- suitable for so many people from your 12 year old niece to your granny!

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